



OK SO MY BLOOD SUGAR IS 115 MG/DL, THIS APPLE IS ABOUT 20 CARBS, BUT I'LL BOLUS LESS FOR IT BECAUSE I'LL GO FOR A RUN IN AN HOUR...BUT IF I DON'T, I'LL GIVE MYSELF INSULIN LATER...



AHHH! FRESH AIR, SUNSHINE, STRETCHING THE LEGS...FEELS GOOD!



NON-DIABETIC

JUICE! I DON'T WANNA GIVE UP!

ARGH! I'VE ONLY BEEN RUNNING



DIABETIC

EATING...

SLEEPING...

EXERCISING...



NON-DIABETIC



READY! 00 NON-DIABETIC

WHAT?! BUT I'VE STILL GOT SO MUCH TO PACK! AND I NEED TO TRIPLE CHECK I HAVE ENOUGH DIABETES MEDS TO LAST THE TRIP!



DIABETIC

TRAVEL ...